**Natural Medicine Works**

**Policies of Natural Medicine Works**

**Informed Consent for Naturopathic Services**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, on behalf of \_\_\_\_\_\_ myself , or

\_\_\_ my minor child, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, hereby give my

voluntary and informed consent for Naturopathic treatment by Natural Medicine Works and Dr. Coleen Murphy, ND.

A naturopathic doctor is trained to diagnose using laboratory evaluation, imaging techniques, gynecological and physical exam. We are practitioners trained to use natural therapies such as Western and Eastern herbs, homeopathy, hydrotherapy, acupuncture, psychological counseling, nutrition and vitamin education. If needed, we can dispense pharmaceutical hormones.

I understand that Dr. Coleen Murphy is a Naturopathic Doctor based upon her training at the nationally accredited naturopathic medical school, Bastyr University. She holds a Doctorate in Naturopathic Medicine and a Master of Science degree in Acupuncture and Oriental Medicine.

The principles and focus of Naturopathic care is prevention, education, empowerment, individualized attention, emphasis to do no harm, and respect of the body’s ability to heal itself. While I may experience some immediate improvement from initial appointments, I understand that the most effective results occur when I make a long-term commitment to my health care.

**Potential Risks**

As with any method of treatment, Naturopathy can involve some risk. I understand that I may experience aches, pains, or even new symptoms as the body responds by shifting its “balance”. This is generally a good sign and shows the body is making positive movement. Some people may experience a “healing crisis,” a short period in which symptoms worsen or you may experience flu-like symptoms with mild fever, chills, dizziness or loss of appetite. Such an experience may signal the body is detoxifying. Contact Dr. Murphy if you would like to discuss this to a greater extent.

**Potential Risks-continued**

While many natural products are generally available over-the-counter and are considered quite safe based upon their long history of use, they are not regulated by the FDA. Rare negative reactions to natural treatments may include allergic reactions, headaches, itching, hives, difficulty breathing, and very rarely, even shock or death. I understand that the interactions between herbs, and between herbs and drugs, are not yet well known, and that while unlikely, I could have an adverse reaction. I could experience a reduction or increase in the effect of the medication I am taking. This can have serious consequences, especially for some medications, such as for the control of blood pressure, blood sugar and blood clotting. To prevent confusion, Dr. Coleen Murphy and other medical specialist should always be kept informed of all recent changes in treatments, procedures, medications, nutrition and supplements, particularly prior to surgery.

**Availability**

I understand that Dr. Coleen Murphy does not offer emergency medical services, after hour services or provide any hospital-based services. If I have a medical emergency I will go immediately to a hospital or dial 911. It is sometimes possible to get a same day appointment, however this is not guaranteed.

**Informed Consent to Receive Treatment**

I hereby authorize Naturopathic treatment and certify that I understand these services, including the risks of possible adverse reactions. I have been adequately informed, and questions I have asked have been satisfactorily answered

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| **Client or Guardian Signature** |  | **Date** |

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**Name of Minor if Guardian Signing** **Date**

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**Relationship to Minor**

**Confidentiality Policy**

The information you provide in writing, via email, phone, face to face and anything we discuss in the course of your consultation will be held in the strictest confidence. Natural Medicine Works and Dr. Coleen Murphy, ND. LAc. will not share this information with any individual or group unless directed to do so in writing by you or when required by law.